

OSHMed Magazine

Occupational Safety & Health and Medical

by



ARE YOU READY FOR THE NEXT EPISODE?

9-1-1-2 NAMIBIA RETURNS FOR A PULSE-POUNGING NEW SEASON

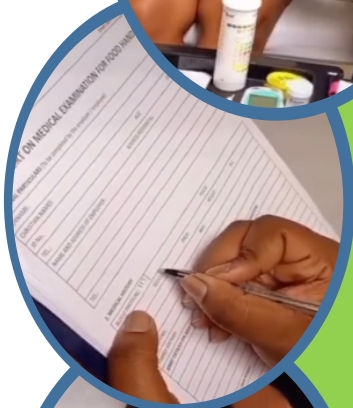
THE SILENT SIEGE: NAMIBIA'S BATTLE AGAINST THE "MISSING 34%" • HEALTH & SAFETY: A CLEAR VISION FOR NAMIBIA • FUN TIME - JOKE OF THE WEEK • E.M.A. WEEKLY EMERGENCY STATISTICS



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Lights, Sirens, and Real Stories: 9-1-1-2 Namibia Returns for a Pulse-Pounding New Season

Windhoek – The wait is nearly over for fans of high-stakes, real-world drama.

On **May 1, 2026**, the acclaimed documentary series **9-1-1-2** returns to screens across Namibia, offering an unfiltered look at the chaotic and heroic world of emergency response. Produced by **Bokeh Media Namibia**, this first-of-its-kind series captures the raw reality of life on the thin line between crisis and recovery

More Than Just a Show: A Bridge to Understanding

In a world of scripted reality, **9-1-1-2** stands out by following actual **emergency medical teams, rescue responders, and incident command teams** as they navigate real-life emergencies across Namibia. While the action is undeniable, the project's heartbeat is educational.

First responders are often Namibia's "unseen heroes," performing their duties in a blur of sirens and high-speed decisions that the public rarely sees or understands.

This series bridges that gap, telling the human stories behind the uniforms while teaching viewers about community safety and crisis response.

The series will be widely accessible, appearing on major digital platforms including:

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Season 2 coming soon

9112

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youtube.com/@bokehstudiosnam



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- **YouTube** (Full Episodes)
- **Facebook Video**
- **Instagram Reels** and social media highlights
- **Behind-the-scenes content**

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9112 follows the real-life work of **E.M.A. Rescue** as their teams respond to critical emergencies and save lives across **Namibia**.



Become Part of the Hero's Journey

As the new season approaches, the production team is opening doors for Namibian businesses to join the mission. This isn't just about traditional advertising; it's about **meaningful marketing** that associates brands with trust, credibility, and community support.

With a primary audience of adults aged **18-45**, including drivers, families, and security-conscious households, the show offers a unique platform for local and national brands.

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Join the Season Now

With limited sponsor positions available for the upcoming season, now is the time to ensure your brand is associated with the heroism and responsibility that **9-1-1-2** represents.

By supporting this project, brands contribute to a documentary that doesn't just entertain —it saves lives through education.

Contact Information: To secure a partnership or learn more about the series, reach out to the production team:

- **Email:** 9112@osh-med.pro
- **Production:** Bokeh Media Namibia

Mark your calendars for **May 1, 2026**—when the sirens sound, will your brand be part of the story?

With the new season kicking off soon, are you more interested in how the show handles the high-octane rescue scenes or the educational safety segments?

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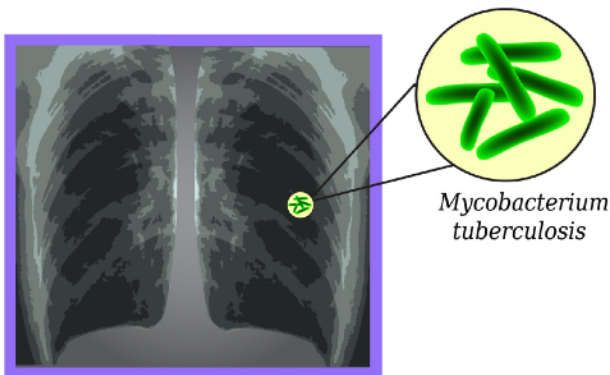
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The Silent Siege: Namibia's Battle Against the "Missing 34%"

WINDHOEK – While the world often looks toward modern pandemics, a much older shadow continues to loom over the Land of the Brave. Tuberculosis (TB), a bacterial infection caused by *Mycobacterium tuberculosis*, remains one of Namibia's most significant public health challenges. Despite aggressive treatment programs and national successes, the country remains among the top 11 globally for TB incidence.



A Tale of Two Realities: Success vs. Survival

According to the Minister of Health and Social Services, **Dr. Esperance Luvindao**, Namibia notified **8,370 TB patients** in 2025. The data reveals a nation of remarkable resilience:

- **Treatment Success:** In 2024, Namibia reached an **87% success rate** for drug-susceptible TB, nearly hitting the World Health Organisation (WHO) target of 90%.

- **Drug Resistance:** The success rate for drug-resistant TB (DR-TB) stands at **75%**, actually surpassing international targets.
- **TB/HIV Integration:** The HIV positivity rate among TB patients has plummeted from over **65% in 2005 to 32% in 2025**, with nearly 100% of patients now receiving integrated care.

Despite these victories, the burden remains heavy. Namibia is currently a high-burden country with an estimated incidence of **460 per 100,000 people**, roughly 12,000 cases annually.

The "Missing 34%": Reaching the Hard-to-Reach

The most significant hurdle in 2026 is what officials call the **"missing 34%"**—the estimated one-third of cases that go undiagnosed or unreported. This challenge is particularly acute in the **Omaheke Region**, which currently holds the highest case notification rate in the country.

The "missing" patients often live in remote farm settlements far from traditional clinics. The distance is not just geographical but also psychological, as stigma and lack of awareness prevent many from seeking help until the disease has significantly progressed.

The 5th Edition: A Modern Blueprint for Eradication

To close this gap, the Ministry of Health has officially launched the **5th Edition of the National Guidelines for the Management of TB**. This updated strategy moves away from waiting for patients to arrive at



hospitals and instead focuses on **Active Case Finding (ACF)**.

Key Pillars of the New Strategy:

- **Mobile Diagnostics:** Teams are deploying state-of-the-art **digital X-ray systems** and **GeneXpert** technology directly into communities to screen individuals where they live and work.
- **Modern Regimens:** The guidelines introduce shorter, more effective treatment courses for both drug-susceptible and drug-resistant strains.
- **Holistic Care:** A new focus on patient-centred care addresses socioeconomic needs, such as nutrition and co-morbidities like diabetes, which can undermine treatment success.

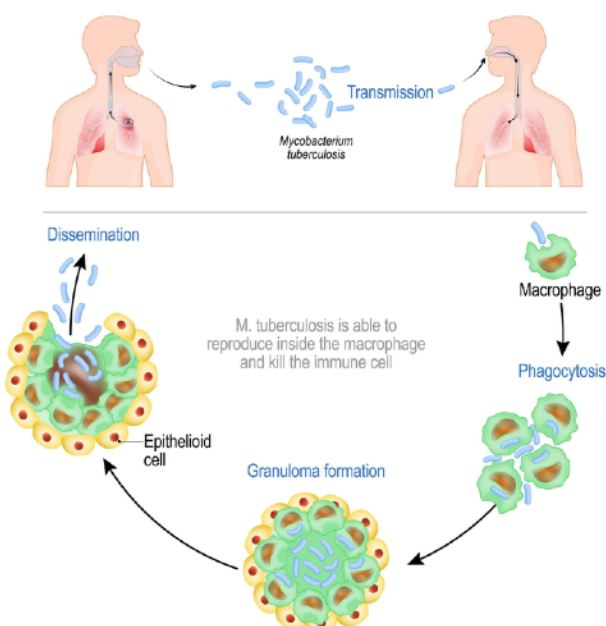
A National Call to Action

The fight against TB in Namibia is no longer just a medical one; it is a multisectoral mission. With declining international support, the government is increasingly relying on domestic financing and partnerships like the **Stop TB Partnership Namibia** to ensure that no patient is left behind.

"Ending TB is within our reach," Dr. Luvindao stated during the commemoration, "but only if we combine strong government leadership with active community participation". As 2026 progresses, the goal remains clear: to find the missing cases, interrupt the chains of transmission, and finally move toward a TB-free Namibia.

Pathogenesis of the tuberculosis

Mycobacterium tuberculosis life cycle



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FACE

Can their face droop on one side? (as they smile)

ARMS

Can they raise both arms & keep them up?

SPEECH

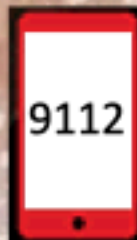
Is there a slurred speech?

TIME

Time to call 9112 if you are one of the three

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everything to **STROKE**

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Health & Safety - A Clear Vision for Namibia's Industrial Future: The Rise of Prescription Safety Glasses

WINDHOEK – In the heart of the Erongo Region, where the dust of uranium mines meets the Atlantic breeze, a silent revolution is happening on the faces of Namibia's workforce. As the Chamber of Mines recently reported a concerning **26.3% spike in lost-day injuries** during 2024, the industry is shifting its focus from mere compliance to "zero harm" through smarter technology. At the forefront of this shift is a piece of gear often overlooked: the prescription safety glass.



For years, Namibian workers in mining, construction, and manufacturing who required vision correction faced a clumsy choice: wear standard safety goggles over their personal glasses or risk their sight by wearing only their everyday frames. But as we move further into 2026, experts are declaring the "over-spec" era over.

Why Standard PPE is Falling Short

According to a recent analysis by Occupational Health & Safety (OHS), standard personal protective equipment (PPE) often fails workers with vision correction due to three critical factors:

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1. **Fit and Comfort:** Bulky goggles worn over personal glasses are notorious for creating a poor seal, adding strain to the neck, and causing distracting glares.
2. **Visual Distortion:** Double-layering lenses increases the risk of fogging—a major hazard in Namibia’s humid coastal mines or hot inland construction sites.
3. **Durability:** Unlike industrial-grade safety eyewear, standard prescription glasses are not built to withstand high-velocity impacts from flying debris, staples, or metal slivers common in the trades.

sectors like construction—where **94.2% of Windhoek workers** identify dust as a primary hazard—eye protection is not just a "trendy tool" but a life-saving necessity.

Research indicates that a high-quality pair of safety glasses can prevent nearly **90% of workplace eye injuries**. In a landscape where "complacency" has been cited by the Chamber of Mines as a root cause of recent accidents, providing gear that workers *actually want to wear* is a strategic move.

The 2026 Standard: High-Performance Materials

Today’s prescription safety glasses are specifically designed for long-shift comfort. Key features include:

- **Polycarbonate Lenses:** These are the industry favorite for 2026, offering extreme impact resistance while remaining lightweight.
- **Integrated Side Shields:** Modern designs incorporate protection directly into the frame, eliminating the

The Namibian Context: A Legal and Safety Mandate

In Namibia, the **National Occupational Safety and Health (OSH) Policy of 2021** and the **Labour Act of 2007** place a clear responsibility on employers to provide a safe working environment. For high-risk

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need for separate, bulky attachments.

- **Anti-Fog and UV Coatings:** Essential for Namibia's intense sunlight and varying temperatures, ensuring a "clear line of sight" at all times.

The Bottom Line for Namibian Industry

Investing in prescription safety eyewear—available locally through partnerships like **OSH-Med international**, **MARCA** and a **Windhoek Optometrist** — is more than just a safety checkbox. It is an investment in productivity. When a worker can see clearly

without the frustration of fogged-up goggles, they focus better and make fewer mistakes.

For more information of prescription PPE glasses contact OSH-Med on 061 302 931

As Namibia advances its **National Roadmap for Decent Work**, the message to industry leaders is clear: protecting the eyes of our workforce is a fundamental duty. By adopting prescription safety glasses, Namibian companies are not just saving sight; they are securing the vision of a more productive, "zero harm" future.

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Fun Time - *Joke of the week*



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E.M.A. Emergency Statistics

updated 1.4.2026

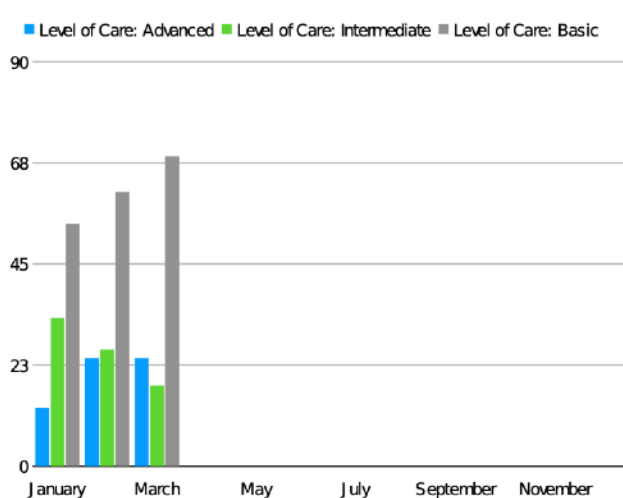
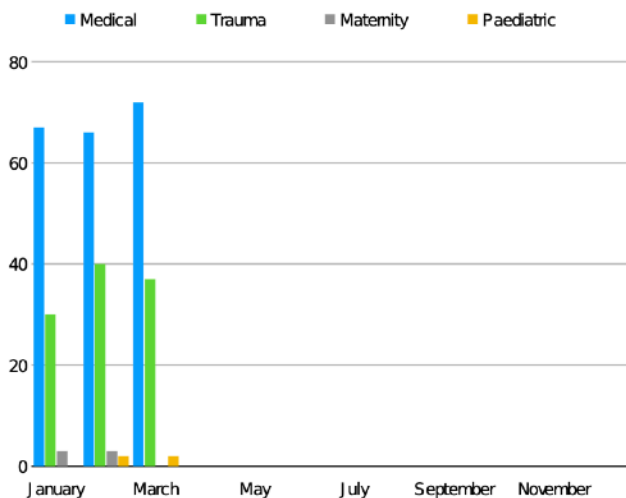
In 2026

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up till now

	Medical	Trauma	Maternity	Paediatric	Level of Care: Advanced	Level of Care: Intermediate	Level of Care: Basic
January	67	30	3	0	13	33	54
February	66	40	3	2	24	26	61
March	72	37	0	2	24	18	69
April	0	0	0	0	0	0	0
May	0	0	0	0	0	0	0
June	0	0	0	0	0	0	0
July	0	0	0	0	0	0	0
August	0	0	0	0	0	0	0
September	0	0	0	0	0	0	0
October	0	0	0	0	0	0	0
November	0	0	0	0	0	0	0
December	0	0	0	0	0	0	0
Total per annum	205	107	6	4	61	77	184
Total	322				322		



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- **What** happened?
- **What** kind of injuries?
- **How many** injured person
- **Waiting** for further question

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9112

Fire Brigade:

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NamPol

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MVA Fund

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(all numbers are from GRN or non-profit organisations)



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