

OSHMed Health Magazine

by



KLEIN WINDHOEK PHARMACY A DONATION FOR E.M.A.

Health Magazine for the Health of your Family and Employees,
Occupational Safety, Occupational Health, Emergency & Medical Care
and much more



Donation received from the Klein Windhoek Pharmacy

At the hand over, Safoora Adam, Managing Pharmacist of Klein Windhoek Pharmacy said important words: "Nonprofit organisations play a crucial role addressing social issues the quality of life communities. However, the success of these organisations heavily relies on the support and contributions they receive from individuals and businesses as we did from then Klein Windhoek Pharmacy."

"Sandrine Vefour"



E.M.A. is a nonprofit organisation dedicated promoting Health Care development in the Windhoek community. Its mission is to raise awareness about health issues, provide Emergency Medical Care, and initiate projects that contribute to a healthier living environment. However, to achieve these objectives, support is essential.

Donations are vital for the E.M.A. nonprofit organisation. They the necessary financial resources to operate, implement programs, and fulfill the

organisation's mission. Without donations, E.M.A. would struggle to make a meaningful impact and reach their goals., donations help build trust and credibility, attracting more supporters and volunteers to the cause.

The NAD 5,000.00 equipment donation from Klein Windhoek Pharmacy is a significant contribution to E.M.A.'s efforts. Firstly, the support allows the organisation to equip the emergency care programs for the public. It enables E.M.A. to assist the public for various of emergencies and inspiring positive change within the community. In addition to community engagement, the donation from Klein Windhoek Pharmacy strengthens E.M.A.'s organisational capacity.

Fabian Martens, 1st Chairman of E.M.A. said: "With every donation received, E.M.A. can enhance its efficiency and effectiveness in achieving its mission. Donations play a crucial role in supporting and financing our nonprofit organisations. It enables us to make a positive impact on society. Klein Windhoek Pharmacy's contribution serves the public and is highly appreciated."

As a community service and non-profit organisation, E.M.A. is "There when you need us".

www.ema-organisation.pro



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Vision: A Key Piece in the Safety Puzzle

Employers sometimes lose focus on vision protection when handling high-fatality dangers such as falls. Fortunately vision protection might be having its big moment.

Safety in the industrial workplace has not been on the firmest footing in recent years. Factors such as COVID workplace restrictions, economically-induced consolidation of workforces, and a feeling that companies need to “catch up” for lost time have made the workplace environment fraught with accidents, some of them even fatal.

Jack Dennerlin, adjunct professor of ergonomics and safety at Harvard’s Department of Environmental Health and co-director of [Work Health and Well-being: Achieving Worker Health](#) at the Harvard T.H. Chan School of Public Health had this to say, “COVID-19 has stressed the system. All the flaws that have been in place are totally exposed and have come to the forefront of our daily conversations.” No, the pandemic hasn’t caused every safety ailment, but it did have a lasting ripple effect. job site, as well.

The Big Player in Safety Incidents

According to the Bureau of Labor and Statistics, there were 5,190 fatal work injuries recorded in the United States in

2021, and falls, slips, and trips in construction and extraction occupations accounted for 370 of these fatalities in 2021. Legal Jobs, a legal watchdog organization, says on their website that 36.5 percent of all deaths in the workplace occur as a result of employees falling.

While not all falls are fatal, they also top the list for non-fatal workplace accidents. According to the Centers for Disease Control, 18 percent of the 1,176,340 non-fatal work injuries in 2020 were related to slips, trips and falls.



These statistics rightly put an emphasis on preventing falls. According to the OSHA website section on fall protocol, “workplaces must provide fall protection at elevations of four feet in general industry workplaces, five feet in shipyards, six feet in the construction industry, and eight feet in long shoring operation.”



As a result, many companies implement physical fall protections and PPE, and adopt safe work practices and training to prevent serious falls.

But falls aren't the only issue in the workplace. One overlooked area of bodily protection is right under our nose, or above our nose...as is the case: our eyes. Though eyewear has come a long way in the past 50 years, universal adoption rates are far from perfect. Most manufacturing and construction industries require their employees to wear protective eyewear, but studies show that is not always enforced.



Further, employees may be given eyewear that is poor-fitting or that doesn't account for harsh environments like heat and steam. RX Safety cites discomfort, poor fit, and lens fogging as the primary reasons workers remove their glasses during the workday: "Wearing ill-fitting and uncomfortable safety glasses or goggles for 40+ hours per week can cause many workers to forgo use of their glasses or to wear them intermittently. Lens fogging in goggles is another problem that not only produces discomfort, but interferes with vision."

Why do workers will pick productivity over their own safety? A study by Jonathan Cohen and Samuel McClure at Princeton; David Laibson at Harvard; and George Loewenstein at Carnegie Mellon, titled "Brain Battles Itself Over Short-term Rewards, Long-term Goals", found that "We have different neural systems for different problems, and our behavior arises from their competition or cooperation." Often, people choose the immediate option (paycheck) even if risking a long-term loss (eye injury).

This phenomenon is unsustainable because the stakes are too high. Common eye injuries such as chemical burns, retinal abrasions and eye loss make workplace eye protection compulsory.

Vision Protection's Big Moment

Personal protective eyewear makers had a real moment during COVID: They were quick to meet the demand for eyewear that kept out most airborne particles and gave employees a sense of psychological safety. That is not to be discounted.

Today's employee needs safety glasses to meet intense and often varying work environments to combat lens fogging and scratching. Fortunately, advancements in technology have made these properties attainable. Some companies even offer prescription-ready lenses or "RX accommodation" for larger goggles.





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- To provide an environment that enables all staff to develop their full potential;
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Apply with us to become a supporting member that we can fulfil our objectives.

Contact us:

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Emergency Call



Important information to give:

- **Where** is the emergency?
- **What** happened?
- **What** kind of injuries?
- **How many** injured person
- **Waiting** for further question

Emergency Numbers:

Ambulance services:

E.M.A. Rescue Service

9112

Fire Brigade:

Windhoek

061-21 1111

Police:

NamPol

10 111

City Police (Whk)

061-302 302

MVA Fund

9682

(all numbers are from GRN or non-profit organisations)



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